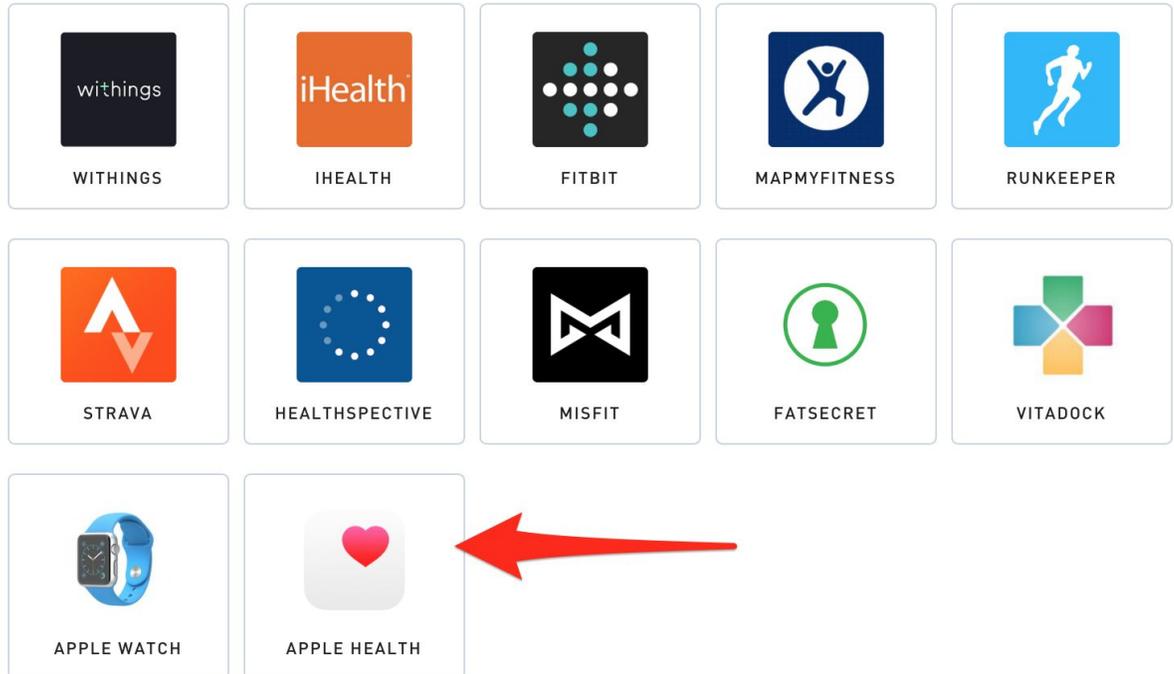


The new [Human API iOS app](#) supports a suite of functions, including the ability to share your medical records quickly and securely with trusted contacts. While these functions can be helpful, in a number of cases, we may simply want to share our Apple Health data. See the following steps on how we can share our Apple Health data:

1. Locate and launch Human API Connect, which looks like this screen--

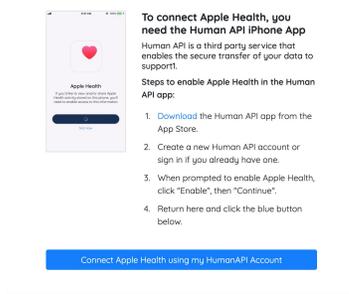
Choose your source

Please select the source you'd like to connect:

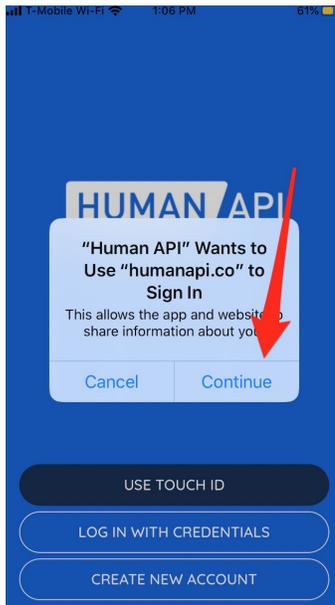


by using Human API, you accept the [Terms of Service](#)

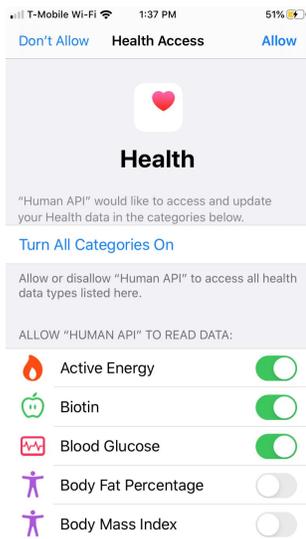
2. Select Apple Health
3. Follow the instructions to set up the Human API app on your iPhone



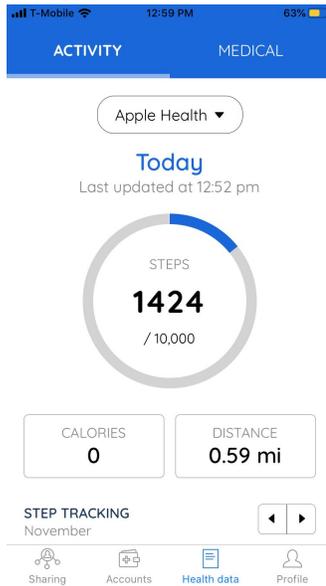
4. After you log in for the first time or create an account on the iPhone, select “**Continue**” in the system pop-up to allow sharing with Human API



5. Likewise, you may receive a prompt to allow sharing of specific datatypes. Please select the datatypes you wish to share with Human API.



6. At this point, you have begun sharing your Apple Health data with Human API! You can view what Apple Health data is being shared by going to the app's "Health data" view.



7. Once you are logged into the Human API iPhone app, select "Connect Apple Health using my HumanAPI account" and enter the same credentials you used in the iPhone app

https://auth.humanapi.co/v1/client/oauth2/authorize?human_id=4ee958417edba8df800b2a4caa93ae51...
auth.humanapi.co/v1/client/oauth2/authorize?human_id=4ee958417edba8df800b2a4caa93ae51&clie...

The screenshot shows the Human API app interface. It displays a message: "You're not sharing anything yet. Make a selection below to get started." Below this, there are two options: 'Individual' (Security: share your health through your personal Apple ID) and 'App or Company' (Security: share your health through your organization's Apple ID). A red arrow points from the 'App or Company' option to a blue button at the bottom of the screen that says "Connect Apple Health using my HumanAPI Account".

To connect Apple Health, you need the Human API iPhone App

Human API is a third party service that enables the secure transfer of your data to support1.

Steps to enable Apple Health in the Human API app:

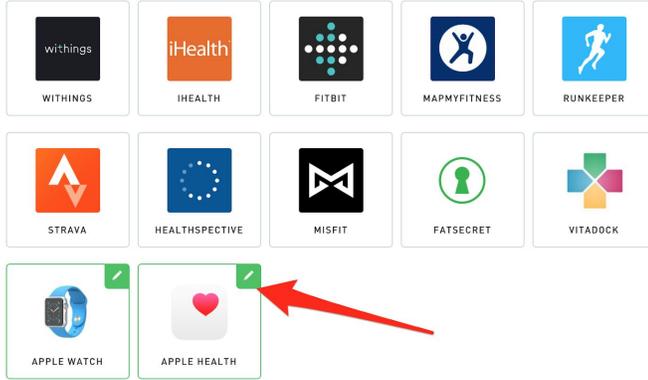
1. **Download** the Human API app from the App Store.
2. Create a new Human API account or sign in if you already have one.
3. When prompted to enable Apple Health, click "Enable", then "Continue".
4. Return here and click the blue button below.

Connect Apple Health using my HumanAPI Account

8. When you return to Human API Connect, you should see a green affirmation indicating that Apple Health is connected

Choose your source

Please select the source you'd like to connect:



9. Your Apple Health data is now being shared